

She is on a mission to educate, empower, and entertain through integrating the body, mind, and spirit. Yedda helps developing leaders create safe spaces where they can learn to make silence fun, stillness, powerful, and mindfulness mainstream.

As a consciousness coach and consultant, Yedda helps individuals, corporations, government entities, and non-profits become the people and organizations they were created to be by bringing authentic success to all that they do.

In addition to speaking, coaching, and consulting globally, Yedda is the author of Shut Up and Sit: Finding Silence and All the Life-Changing Magic that Comes with It and is an active blogger and podcast host. Her work has been featured in magazines as well as government and business journals.

# YEDDA



Yedda helps leaders and organizations turn their love-based visions into reality, inner critics into allies, and wounds into wisdom by connecting behaviors to bottom lines.







YEDDASTANCIL.COM



# **KEYNOTE TOPICS**

#### **Conscious Culture**

Discover your "Why" for your business by learning how to develop your values and create a corporate culture that mirrors them. Get inspired to use your business to serve something greater than yourself

### **Conscious Leadership**

Discover the effective behaviors of conscious leadership, including developing your business values and creating a corporate culture that supports justice, equity, diversity, and inclusion for all. Get inspired to use your business to raise consciousness.

#### **Conscious Communication**

Discover effective ways to communicate consciously by learning the 8 attributes of conscious communication. Awaken to how using conscious communication can meet your business needs.

## **Conscious Team Building**

Discover what you and your team naturally do best and learn how to develop your greatest talents into strengths. Master utilizing your results and reports to maximize your company's potential.

#### **Conscious Creativity**

Discover effective ways to consciously create, including the 10 steps to conscious creativity. Get inspired to use conscious creativity to meet your business needs.





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